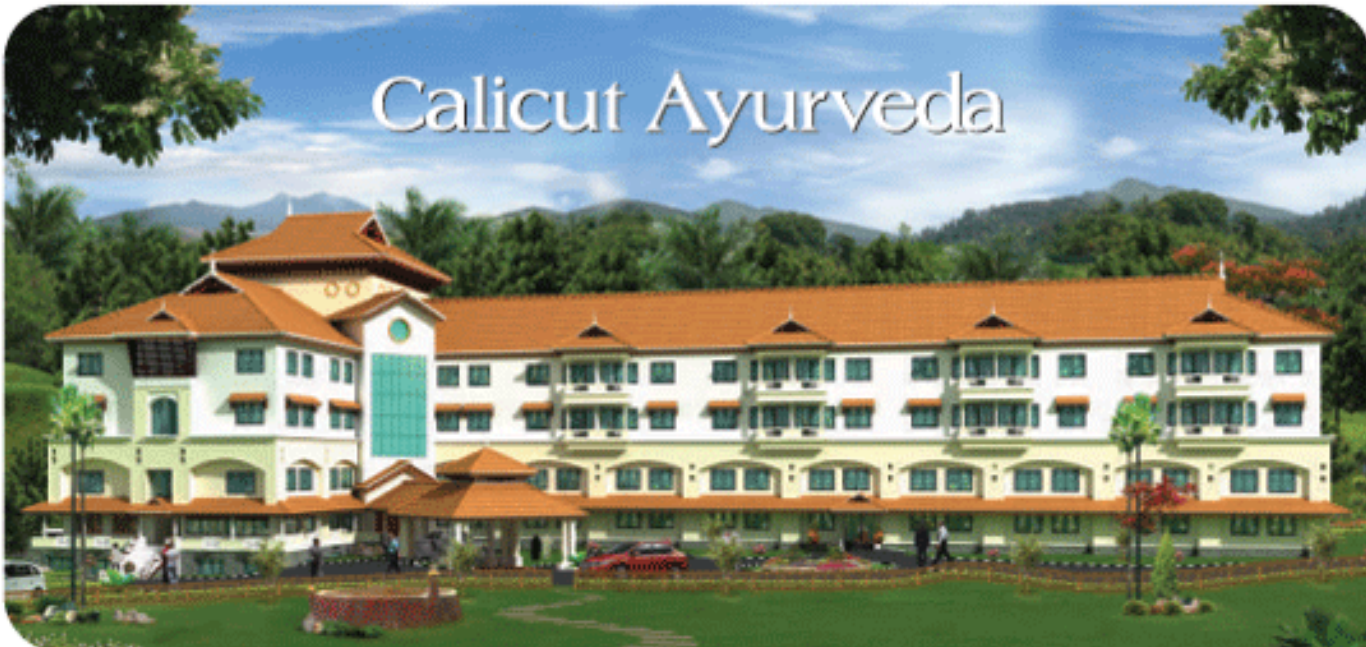


Calicut Ayurveda



Calicut is poised as the golden spot for Ayurvedic Kerala and Calicut Ayurveda Hospital & Research centre is situated on the green banks of Iruthulli River which flows giving a silver lining to Calicut. This KALAVARA of Ayurvedic faculty boosts of being a shelter for the deserving, focus on pacifying the needs of the needy, offering the essence of Ayurvedic science and treatment.

OUR FEATURES

- Diagnosis and treatment under the Supervision of well experienced Doctors.
- Well executed Panchakarma and Sukhachikithsa treatments under the watchful eyes of experts.
- Well furnished Cottages, Suits, Double rooms, Single rooms & General Wards.
- Restaurant that serves delicious food in an ambience breath taking beauty of nature.
- An amazing greenery backed surrounding with plants and cool breeze from the river makes the treatment a truly unique experience.
- Dedicated service from us, makes you feel at home.
- A retreat at chathamangalam 20 km from Calicut City, adjacent to NIT, Calicut.
- A true PANACEA for the sick.

OUR SPECIALITIES

- Arthritis (Both Rheumatic & Osteo)
- Low back ache (Due to disc prolapse & disc degeneration)
- Piles, BPH (Benign Prostatic Hypertrophy)
- skin disease like Psoriasis
- Take care of maternity & Child health
- Diabetes & Hypertension
- Life style disorders

Calicut
Ayurveda 
hospital & research centre

Chathamangalam (Thazhe - 12), P.B No. 33, Post N.I.T Campus, Calicut-673 601.

Ph: 0495-2287089 Mob: 9544099320, 9544113363

E mail: calicutayurvedahospital@gmail.com Website: www.calicutayurvedahospital.com

an ideal asylum for the sick

Expertised treatment with our ayurvedic specialities

Pizhichil

It is a very intensive ayurveda treatment. In this treatment 4-5 therapists will be ready with slightly heated oil and with a clean cloth bundle. The patient would be made to lie down in a wooden 'pathi'. The bundle of cloth would be dipped in the medicated oil and after squeezing it mildly the therapists knead the bundle in all part of the body of the patient.



It is very useful for the treatments of rheumatoid arthritis, slipped disc, cervical spondylitis, osteo arthritis, partial paralysis, total paralysis and sciatica etc.

Shirodhara

Shirodhara is an ideal solution for anybody, from business executives to homemakers, suffering from insomnia, psychological problems, forgetfulness and recurring headache. The practice involves a lotion made by mixing milk, butter and specially prepared herbal oil being poured / or made to trickle onto the forehead. The treatment lasting 40-45minutes a day extends from one to three weeks.



Abhyangam

Abhyanga requires a specially designed bed (dhoni) for the patient, and medicated oil. The patient is made to recline on the bed in seven specific positions while trained masseurs massage the body. Feet get special care in the massage as various points in sole are very much connected to many vital organs in our body. Abhyanga takes 45 minutes and is highly recommended for treatment of various ailments and for a rejuvenated body and refreshed mind.



Rasayana Treatment

It is the scientific method suggested by Ayurveda to maintain youthfulness and regain the lost one. As getting old wrinkles and scars begin forming on the skin. This

is a stage when body badly needs some treatment that would put the glow back on the skin and bring the mind back to its former freshness and cheerfulness. Rasayana is the answer for this silent request of our body and mind. While massaging forms the chief feature of the treatment, shirodhara and steam bath are included. The doctor also prescribes medicines in tune with constitution of the patient.



Psoriasis Treatment

Zidhma treatment has been found to be remarkably effective in healing the disastrous psoriasis, besides other skin disorders. The treatment lasts 21 to 28 days and includes a unique lotion, Abyangam, Snehapanam, massaging, steam bath and Shirovasti, apart from yoga, meditation and internal medicine.



Kativasti

An ideal treatment for the excruciating pain of backache or lumbago and related discomforts. A small squire embankment of

black gram dough is made on the lower back of the patient. The hollow of the embankment is subsequently filled with medicated lukewarm oil, which stays in it for half an hour. The area is later massaged with the same oil which is followed by rest for a few days so as to preempt a relapse.

The treatment is highly effective to cure osteo-arthritis of the hip that causes tremendous agony to the sufferer.

Sports Medicine

Now a burgeoning field in the world of medicine, its importance can not be overemphasized, given the priority any country gives sports and games these days. Many researches have been conducted into the care to be given to coaches, trainers and sport persons, both before and after the game. Our Sports Medicine Unit intends to physically prepare players for the game as well as treat injuries sustained in the game and make them fit again to play with improved vigour and gusto.



an ideal asylum for the sick